

PSYC 2200, section 002
Physiological Psychology Syllabus, Fall 2011

Location: Arjona Room 143

Date/Time: Tu/Th 11:00 – 12:15p

Instructor: Dr. Holly Fitch

Email: Roslyn.h.fitch@uconn.edu (put “PSYCH 2200–your–last–name” in subject line)

Class Website: www.fitchlab.com (*NOT* HuskyCT)

Click on the “Physio Psych 2200” button in menu (left). The syllabus is printed here, with links to all kinds of information organized by lecture. Downloadable (PDF) **PowerPoints for each lecture** will be posted on this site (click “Physio Psych Downloads” button on left). Check the website for *weather and emergency cancellations – to be* posted by 9 AM. **Test grades will be posted on the downloads page** (listed by PeopleSoft ID numbers).

Instructor Office Hours: Bousfield room 113 (first floor), Thurs 2–4, & by appointment.

Please email me to set up an appointment time if these hours do not fit your schedule.

Textbook (recommended): Biological Psychology: An Introduction to Behavioral and Cognitive Neuroscience 6/e (Edition 6), 2010, Rosenzweig, Breedlove and Watson
ISBN: 978-0-87893-324-2

Test Schedule and Policy: There will be **four** sectional multiple-choice tests, **one** make-up opportunity, and a **final** (total 5 tests).

a) If you **miss** one of the 4 sectional tests for any reason (excused or unexcused), you can take **the sectional make-up on Dec 6** to sub the missed grade. The make-up will be CUMULATIVE multiple-choice, covering material from all 4 sectional tests (plus 2 final lectures).

b) If you **take** all 4 sectional tests, you may also take the make-up on Dec 6 and I will use the *top 4 test grades out of 5*. The make-up will NOT hurt you if you have 4 higher grades, so it is

great practice for the final! (Alternately, you may opt to take the day off!). **You cannot sub the make-up for the final.**

c) The **final exam** will be 50 multiple-choice, and will cover all material discussed over the semester (cumulative). See the UConn Final Exam schedule for date/time (tentative date Tues Dec 13, 10:30–12:30a). A student who misses the final exam will receive a class grade of “X” in PeopleSoft. If an absence is excused *in writing* by the OSSA, please email me to reschedule the final (go to the Office for Student Services and Advocacy website, <http://www.ossa.uconn.edu/students.html>, for acceptable reasons for missing a final & how to reschedule). If you cannot validate a missed final, your class grade will be calculated accordingly (20% of class grade = F).

Test Material:

Tests will be multiple-choice, 50 questions, and will cover material *discussed in class*. Items from readings that were not discussed in class will not be on the test (although some material covered in class may not be in the book and still be on the test). To help you study, I will post downloadable PowerPoint presentations for each lecture (in PDF). The PDFs for each lecture will normally be available *the day before class*, so you can print the material and bring it to class for note-taking. *Study guides* with key terminology will be uploaded on the website before tests (and I will bring some extra hard copies to Review Sessions). The syllabus provides some basic info about material to be covered in each lecture, but *please use the individual lecture PowerPoints and Review Study Guides to prepare for tests*.

Bubble sheets and Versions:

All exams are 50 multiple choice questions graded by ScanTron. If you list the wrong PeopleSoft number, *your grade wont get matched to you*. Also, because of the size of the class, I use two versions of the exam. It is really important to read and code this accurately. Every year I get students with a 35 or 40% score in a panic, who listed the wrong version. This takes a lot of time to fix and re-score -- students lose 4 points when this happens. Be careful!

Grading:

Your grade will be the average score from the 4 sectional tests plus the final. If you take all 4 sectional tests and also take the make-up,

the *top 4 out of 5 grades* will be used, plus the final. **These 5 exams will be averaged equally (20% each).**

Reviews:

Review sessions are scheduled before tests, and students should bring questions to these class reviews. Also you can email Dr. Fitch with specific questions in advance of the exam (but please don't email me to say you don't understand an entire concept, or send me questions the night before a test!). Finally, you can email me to schedule a meeting (again, in reasonable advance of the exam i.e., at least 4–5 days before the test).

Readings:

Class readings are assigned from the recommended textbook. The readings are intended to elaborate/support the lectures, but all details covered in the specified text readings will not necessarily be covered in class, nor included in the tests.

Some additional readings are provided by links, as a supplement to special topics of interest covered at the end of each class ("Current Interests"). Detailed material from these websites will not be on tests unless the material is discussed in class. Again, the *tests will cover material that has been discussed in class*. Please use the PowerPoints and study guides to focus in on pertinent material.

Extra Credit:

Each student may write an extra credit paper (1 per student) that can be applied for up to 10 points (depending on quality) to the overall grade. (Since tests are on 100–point scale, this would be like increasing one test score by a letter grade). The paper will be a ***review of a current peer-reviewed science article***. I will post 4–5 choices on the class website (selected to go with topics being studied) – please choose one. The student will be expected to write a synopsis of the scientific paper addressing the **Problem** being investigated (2 points), **Hypothesis** (2 points), **Methods** (2 points), **Conclusion** (2 points), and **Why Do We Care** (2 points). Minimum 3 pages (double–space), recommended 4 pages.

*I will bring a sign–up sheet for extra credit to class in Nov, through Nov 17 (Test 4). Emailed sign ups for extra–credit must be received **by the end of the day Nov 17**. Extra credit papers must be turned in by the start of class on **Thurs Dec 1** (or anytime during the*

semester *before* Dec 1). Late extra-credit papers, or papers not addressing the assigned topic, will not be accepted.

Honors Conversion:

A once-weekly discussion group, focusing more in depth on original scientific papers relating to the topics of study, will be arranged for PSYC 2200 students who would like to convert this class to Honors credit. The tentative time/date for this group will be Mondays from 12–1p in Bousfield room 135. For questions about conversion, see the Honors website, or visit CUE Building Rm. 419.

Lecture and Test Schedule:

SECTION I, Fundamentals of the Brain

Tues Aug 30 – Introduction

First class, no readings.

Review syllabus, tests, grading, and class format.

Thurs Sept 1 – Fundamentals of the Brain 1 – Anatomic Structure and Organization

Reading: CH 2, 23–49 (to end of “ventricles”); CH 19, 604–607 (split-brain): (total pages 30).

What you need to know: Basic structure of a neuron; structures and subdivisions of the human brain (peripheral (cranial, spinal, autonomic)/central (brain, spinal cord)); developmental subdivisions; structural subdivisions; cortical hemispheres, cortical regions and function; basic ventricular system; laterality, ear-advantage, corpus callosum.

Current interest: Split-brain and hemispheric asymmetry.

Tues Sept 6 – Fundamental of the Brain 2 – Mammalian Brain Evolution & Development

Reading: CH 6, 156 – 175 (evolution); CH 7, 179 – 194 (development) (total pages 36).

What you need to know: Phylogeny versus ontogeny, classification, evolution & natural selection, ways to measure evolutionary/species brain differences; stages of neurodevelopment, cell migration, cell death (necrosis, apoptosis), neurotrophic factors, stem cells.

Current interest: When does the brain stop developing?

Adolescents, decision-making and the frontal cortex.

Thurs Sept 8 – Fundamentals of the Brain 3 – Neurons, synapses, & transmission

Reading: (CH 2, rev 23–34); CH 3, 57 – 79 (neurons, APs, synapses) (total pages 23).

What you need to know: Detailed neuronal structure/function (dendrite, soma, axon), glia, synapse, circuits; action potential, hyperpolarization/depolarization, ion channel, basics of synaptic transmission, EPSP/IPSP; synaptic vesicle and release, synaptic cleft.

Tues Sept 13 – Fundamentals of the Brain 4 – Basic Experimental Design, Methods of Study (MRI, fMRI, electrophysiology)

Reading: CH 2, 50–55 (neuroimaging); CH 19, 600–603; see also: <http://www.med.harvard.edu/AANLIB/home.html> (neuroimaging primer)

What you need to know: Basics of experimental design (experimental/control groups, independent/dependent variables, “significant difference”); CAT scan, MRI, PET, fMRI, electrophysiology, MEG, TMS, applications for neuroimaging techniques in human health.

Current interest: Neuroimaging & vegetative state: surprising activity using fMRI.

Thurs Sept 15 – Section I -- Review Session and discussion, with Q&A.

Reading: Review all Section I readings; bring questions.

Tues Sept 20 – *****Test, Section I, Fundamentals of the Brain *****

SECTION II – Things that Affect the Brain

Thurs Sept 22 – Things that Affect the Brain 1 –Hormones (emphasis on *steroid hormones*)

Reading: CH 5, 117–120 (top) & 123 (bottom) – 138 (note table 5.2); CH 12, 365 – 382 (sexual differentiation)(total pages 36).

What you need to know: Hormone categories (protein, amine, steroid); major glands, their products & basic functions; sexual differentiation, organizational versus circulating (activational) steroid effects, gender, sexual orientation.

Current interest: Sex differences in cognition: Myth or reality?

Tues Sept 27 – Things that Affect the Brain 2 – Experience & Genes (Nature vs Nurture)

Reading: CH 7, 194– 203; CH 9, 261–262 (auditory experience); CH 17, 531 – 532 (enrichment); CH 19, 586–587 (birdsong); (total pages 16).

What you need to know: intrinsic versus extrinsic influence, critical/sensitive periods, Hubel & Wiesel, twin/adoption studies, genetic abnormalities, deprivation, enrichment, plasticity, experience.

Current interest: Does early music training alter brain development?

Thurs Sept 29 – Things that Affect the Brain 3 –Aging, Injury & Disease

Reading: CH 3, 83 (epilepsy/seizures); CH 7, 206–209 (aging/Alzheimers); CH 11, 338 (bottom) – 346 (motor and Parkinsons); CH 18, 570 – 571 (hemi–spatial neglect) & 578 – 579 (Phineas Gage); CH 19, 590 – 596 (aphasia) & 610 – 615 (prosopagnosia, functional recovery) (total pages 30).

What you need to know: How brain function changes with aging; alzheimers and dementias; brain trauma (stroke, etc) and functional effects (Wernicke and Broca’s aphasia, prosopagnosia, hemispacial neglect, dementia pugilistica), spinal injury, apraxia, Parkinson’s disease, Huntington’s, ataxia.

Current interest: Stem cells and spinal cord injury: Can paralysis be cured?

Tues Oct 4 —Things that Affect the Brain 4 – Drugs and Alcohol

Reading: CH 4, 87 – 116 (total pages 30)

What you need to know: receptors, receptor sub–types, endogenous/exogenous, affinity, competitive and non–competitive agonist and antagonist, re–uptake inhibitors, neuromodulators (e.g., caffeine), recreational drugs and their effects.

Current interest: The neural effects of alcohol and other recreational drugs.

Thurs Oct 6 –Section II -- **Review** and Discussion w/Q&A

Reading: Review section II readings; bring questions.

Tues Oct 11 – *****Test, Section II – Things that Affect the Brain*****

SECTION III – How the Brain Works, Part I

Thurs Oct 13 – How the Brain Works Pt. 1a – Touch, Pain, and Smell
Reading: CH 8, 215 – 245 (touch & pain); CH 9, 272 (middle) – 275 (smell) (total pages 34)

What you need to know: sensory receptors, detection thresholds, sensory transduction, intensity, adaptation, somatosensory cortex, receptive field, nociceptor, endorphin, enkephalin; papillae, taste buds, olfactory cilia, mitral neurons, olfactory bulb.

Current interest: Why do some smells trigger powerful memories?

Tues Oct 18 – How the Brain Works Pt. 1b – Hearing

Reading: CH 9, 247 – 257 (total pages 10)

What you need to know: Outer, middle and inner ear; cochlea, organ of corti, hair cells, stereocilia, tonotopy; sound properties (frequency, intensity, AM, FM); basic mechanisms of sound transduction; ascending auditory structures, basic organization of primary and secondary auditory cortices.

Current interest: Reorganization of auditory cortex in the congenitally deaf.

Thurs Oct 20 – How the Brain Works Pt. 1c – Vision

Reading: CH 10, 281 – 319 (total pages 29)

What you need to know: Structures of the eye (retina, fovea, optic disk, lens, blind spot); photoreceptors, rods & cones, rhodopsin, basic mechanisms of light transduction, acuity, visual properties (spatial frequency, motion), ascending visual structures, basic organization of primary and secondary visual cortices.

Current interest: Visual illusions: How we trick the brain.

Tues Oct 25 – How the Brain Works Pt. 1d – Motor Function (half-class) and **Review** w/Q&A (half class)

Reading: CH 11, 322 – 330 (muscle, pyramidal) & 336 – 338 (extra-pyramidal); CH 11, p. 334 (motor learning); rev Section III readings; bring questions.

What you need to know (motor function): Muscle fibers, myosin, actin, smooth & striated muscle, neuromuscular junction, acetylcholine, spinal reflex, pyramidal system, extra—pyramidal system, proprioception & feedback.

Thurs Oct 27 – ***Test, Section III – How the Brain Works Pt I*****

SECTION IV – How the Brain Works, Part II

Tues Nov 1 – How the Brain Works Pt. IIa – Sleep

Reading: CH 14, 413–442 (total pages 30).

What you need to know: Circadian rhythm, diurnal/nocturnal, SCN, pineal, melatonin, entrainment, stages of sleep, brain structures/circuits in sleep.

Current interest: Does sleep deprivation affect memory?

Thurs Nov 3 – How the Brain Works Pt. IIb – Emotion

Reading: CH 15, 445 – 470 (total pages 26)

What you need to know: Limbic system, amygdala, anterior cingulate, aggression & androgens, stress & cortisol, bonding & oxytocin, norepinephrine/epinephrine & excitement.

Current interest: Surfing, snowboarding, skydiving – addicted to adrenalin?

Tues Nov 8 – How the Brain Works Pt. IIc – Learning and Memory

Reading: CH 17, 511 – 531 (middle) (total pages 20)

What you need to know: Anterograde/retrograde amnesia, declarative/procedural memory, Korsakoff's, classical conditioning, operant conditioning (shaping), short vs long term memory, brain structures involved in learning and memory (e.g., medial temporal lobe), primacy & recency effects, LTP.

Current interest: 50 First Dates: Does it really happen?

Thurs Nov 10 – How the brain Works Pt. IId – Cognitive & Language Development

Reading: (review CH 7, 179 – 194 (development)). Read cognitive milestones over the first 5 years of life, class website link.

What you need to know: Review stages of brain development; sensory/motor maturation and milestones; how to test babies; timescale of language development; language lateralization and development – implications for brain injury.

Tues Nov 15 – **Pre-Taped Review** (Dr. Fitch will be at conference)

Reading: Review section IV readings, EMAIL me with any questions.

Thurs Nov 17 – ***Test, Section IV-- How the Brain Works Pt. II****

******Deadline to sign up for extra credit******

Tues Nov 22 – NO CLASS, THANKSGIVING BREAK

Thurs Nov 24 – NO CLASS, THANKSGIVING BREAK

SECTION V – Wrapping Up

Tues Nov 29 -- Developmental Disorders

Reading: **CH 7**, 204 – 206 (ADHD, autism); **CH 19**, 597 – 600 (dyslexia), 603 (bottom) – 604 (Williams)

What you need to know: Dyslexia, autism and autistic spectrum disorders and other PDDs, mental retardation, Williams syndrome, ADHD, fetal alcohol syndrome; clinical diagnosis versus biological criteria, “risk” genes, prematurity, DSM Guide.

Current interest: Autistic savant: mysterious genius.

Thurs Dec 1 – – Adult Psychiatric Disorders and Treatment

*****Extra Credit Papers Due today*****

Reading: **CH 16**, 477 – 507 (total pages 32).

What you need to know: Schizophrenia, antipsychotics, depression, bipolar, anxiety, phobia, panic disorder, PTSD, OCD.

Current interest: Iraq/Afghan war veterans and PTSD.

Tues Dec 6 --Cumulative make-up test (optional)

Thurs Dec 8 – Last class; General Review and Discussion for Final, Q&A. Class game of "Brain Jeopardy" using sample test questions; complete student evaluations.

Reading: Review all readings; bring questions.

Final Exam -- Cumulative (covers all material) --- Tentative date/time Tuesday Dec 13, 10:30a – 12:30p.